Push Beyond Terms and Conditions

Last Updated: October 1, 2026
Version: 1.0
Effective Date: December 1, 2025

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1. Introduction and Acceptance

Welcome to Push Beyond! These Terms and Conditions ("Terms") govern your use of the Push Beyond mobile application ("App," "Service," or "Push Beyond"), operated by Push Beyond ("we," "us," or "our").

By downloading, installing, or using Push Beyond, you agree to be bound by these Terms. If you do not agree to these Terms, please do not use the App.

Contact Information:

- Email: support@push-beyond.com

- Website: push-beyond.com

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2. Eligibility

2.1 Age Requirements

- You must be at least **16 years old** to use Push Beyond
- By creating an account, you confirm that you are 16 or older
- Push Beyond is not intended for anyone under 16, and we do not offer accounts to them

2.2 Account Requirements

- You must provide accurate and complete registration information
- You are responsible for maintaining the confidentiality of your account credentials
- You are responsible for all activities that occur under your account
- You must notify us immediately of any unauthorized use of your account

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3. Description of Service

Push Beyond is a fitness tracking application that provides:

3.1 Core Features

- **Workout Tracking:** Create and log gym workouts including exercises, sets, reps, and weights
- **Activity Logging:** Record cardio activities (running, cycling, swimming, etc.)
- **Personal Records:** Automatic detection and tracking of personal bests
- **Progress Analytics:** Charts and statistics to visualize your fitness journey
- **Training Plans:** Store and view personalized training schedules

3.2 Social Features

- **Social Feed:** Share workouts and activities with friends
- **Friend System:** Connect with other users
- **Comments & Likes:** Interact with community posts
- **Activity Sharing:** Post workouts to your social feed

3.3 Integration Features

- **Strava Sync:** Connect your Strava account to import outdoor activities
- **Push Notifications:** Receive updates about friend activities and interactions

3.4 AI Features (Optional)

- **Training Insights:** AI-powered recommendations based on your workout patterns
- **Note:** AI features are for informational purposes only and do not constitute professional advice

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4. User Accounts

4.1 Registration

To access Push Beyond, you must create an account by providing:

- A valid email address
- A secure password
- Confirmation that you are at least 16 years old
- Username

4.2 Account Security

You agree to:

- Create a strong password and keep it confidential
- Not share your account credentials with others
- Notify us immediately of any security breach

- Log out from shared devices

4.3 Account Termination

We may suspend or terminate your account if you:

- Violate these Terms
- Engage in fraudulent or illegal activity
- Harass or harm other users
- Misuse the App or its features

You may delete your account at any time through Settings > Privacy > Delete My Account.

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5. User Content

5.1 Your Content

"User Content" includes any information, text, photos, or other materials you submit, post, or display through the App, including:

- Workout logs and activity data
- Social posts and comments
- Profile information and photos
- Training plans

5.2 Ownership

You retain ownership of your User Content. By posting content, you grant us a non-exclusive, worldwide, royalty-free license to use, display, and distribute your content as necessary to provide the Service.

5.3 Content Guidelines

You agree not to post content that:

- Is illegal, harmful, or threatening
- Harasses, bullies, or intimidates others
- Contains hate speech or discrimination
- Is sexually explicit or pornographic
- Infringes on intellectual property rights
- Contains malware or harmful code
- Impersonates another person
- Advertises or promotes commercial services without permission
- Violates the privacy of others

5.4 Content Moderation

We reserve the right to:

- Remove content that violates these Terms
- Suspend accounts that repeatedly violate content guidelines
- Report illegal content to appropriate authorities

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6. Acceptable Use

6.1 Permitted Uses

You may use Push Beyond to:

- Track your personal fitness activities
- Share workouts with friends
- Connect with the fitness community
- Sync data from authorized third-party services

6.2 Prohibited Uses

You agree NOT to:

- Use the App for any illegal purpose
- Attempt to gain unauthorized access to the App or its systems
- Reverse engineer, decompile, or disassemble the App
- Interfere with or disrupt the App's functionality
- Use automated systems (bots, scrapers) to access the App
- Create fake accounts or impersonate others
- Circumvent security measures or rate limits
- Use the App to collect data about other users without consent
- Sell, transfer, or sublicense your account

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7. Third-Party Services

7.1 Strava Integration

Push Beyond allows you to connect your Strava account to import activities. By connecting Strava:

- You authorize us to access your Strava activity data
- You agree to Strava's Terms of Service and Privacy Policy

- Data transfer from Strava (US) to our EU servers is protected by Standard Contractual Clauses
- You can disconnect Strava at any time through Settings

7.2 Third-Party Links

The App may contain links to third-party websites or services. We are not responsible for the content or practices of these third parties.

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8. Intellectual Property

8.1 Our Intellectual Property

Push Beyond, including its logo, design, features, and content, is protected by intellectual property laws. You may not:

- Copy, modify, or distribute our intellectual property
- Use our trademarks without permission
- Create derivative works based on the App

8.2 Feedback

If you provide feedback, suggestions, or ideas about the App, you grant us the right to use such feedback without compensation or attribution.

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9. Health and Safety Disclaimer

9.1 Not Medical Advice

Push Beyond is a fitness tracking tool. It does **NOT** provide:

- Medical advice or diagnosis
- Treatment recommendations
- Professional health guidance

9.2 Consult Professionals

Before starting any exercise program, consult with:

- Your physician or healthcare provider
- A certified fitness professional
- Medical specialists for any health conditions

9.3 AI Disclaimer

AI-generated training insights are:

- For informational purposes only
- Not a substitute for professional advice
- Based on general patterns, not your specific health situation

9.4 User Responsibility

You are solely responsible for:

- Your physical fitness and health decisions
- Using appropriate weight and intensity levels
- Listening to your body and avoiding injury
- Seeking medical attention when needed

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10. Disclaimers and Limitations of Liability

10.1 “As Is” Service

Push Beyond is provided “AS IS” and “AS AVAILABLE” without warranties of any kind, either express or implied, including but not limited to:

- Merchantability
- Fitness for a particular purpose
- Non-infringement
- Accuracy of information

10.2 Service Availability

We do not guarantee:

- Uninterrupted access to the App
- Error-free operation
- Data accuracy or completeness
- Compatibility with all devices

10.3 Limitation of Liability

To the maximum extent permitted by law, Push Beyond and its officers, directors, employees, and affiliates shall not be liable for:

- Indirect, incidental, or consequential damages
- Loss of data, profits, or business opportunities

- Personal injury resulting from use of the App
- Actions of other users
- Third-party service failures

10.4 Maximum Liability

Our total liability for any claims arising from these Terms or your use of the App shall not exceed the amount you paid for the App in the twelve (12) months preceding the claim, or €100, whichever is greater.

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11. Indemnification

You agree to indemnify, defend, and hold harmless Push Beyond and its officers, directors, employees, and affiliates from any claims, damages, losses, or expenses (including legal fees) arising from:

- Your use of the App
- Your violation of these Terms
- Your User Content
- Your violation of any third-party rights

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12. Privacy

Your privacy is important to us. Our collection and use of personal data is governed by our Privacy Policy, which is incorporated into these Terms by reference. By using Push Beyond, you consent to our data practices as described in the Privacy Policy.

Key privacy features include:

- GDPR-compliant data handling
- Right to access, export, and delete your data
- Granular consent controls
- Encrypted data storage and transmission

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13. Changes to Terms

We may update these Terms from time to time. When we make changes:

- We will update the “Last Updated” date
- We will notify you of significant changes through the App
- Continued use after changes constitutes acceptance

If you disagree with the updated Terms, you should stop using the App and delete your account.

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14. Termination

14.1 By You

You may terminate your account at any time by:

- Using the “Delete My Account” feature in Settings > Privacy
- Contacting us at support@push-beyond.com

14.2 By Us

We may terminate or suspend your account:

- For violation of these Terms
- For extended inactivity
- If required by law
- If we discontinue the Service

14.3 Effect of Termination

Upon termination:

- Your access to the App will be revoked
- Your User Content may be deleted
- Provisions that should survive (e.g., limitation of liability) will remain in effect

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15. Dispute Resolution

15.1 Governing Law

These Terms shall be governed by and construed in accordance with the laws of Belgium, without regard to conflict of law principles.

15.2 Informal Resolution

Before initiating formal proceedings, you agree to contact us at to attempt to resolve any dispute informally.

15.3 Jurisdiction

Any disputes arising from these Terms or your use of the App shall be subject to the exclusive jurisdiction of the courts of Leuven, Belgium.

16. General Provisions

16.1 Entire Agreement

These Terms, together with our Privacy Policy, constitute the entire agreement between you and Push Beyond regarding the App.

16.2 Severability

If any provision of these Terms is found invalid or unenforceable, the remaining provisions will continue in effect.

16.3 Waiver

Our failure to enforce any provision of these Terms does not constitute a waiver of that provision.

16.4 Assignment

You may not assign or transfer your rights under these Terms. We may assign our rights and obligations without restriction.

16.5 No Third-Party Beneficiaries

These Terms do not create any third-party beneficiary rights.

16.6 Force Majeure

We are not liable for any failure to perform due to circumstances beyond our reasonable control (e.g., natural disasters, war, pandemic).

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17. Contact Information

If you have any questions about these Terms, please contact us:

Email: support@push-beyond.com
Website: push-beyond.com

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18. Acknowledgment

By using Push Beyond, you acknowledge that you have read, understood, and agree to be bound by these Terms and Conditions.

These Terms and Conditions were last updated on October 1, 2026.